

New Moon Rituals ✨ ✨ ✨

Create Sacred Bath

Bathe in candle light, favourite music, connect into your heart chakra. Create a beautiful space to ground and relax.



Charge and cleanse

Cleanse your sacred space, your whole home, your room or workspace space. Cleanse and recharge your crystals.

Use what you are called to use; set your intentions of cleansing/new beginnings/refreshing space.



Create Moon Water

In a glass jar, place filtered water and a pinch of salt out under the new moon. Let it sit over night to absorb the moon's energy. Collect in the morning before sunrise. New Moon water can be used for setting intentions, cleansing crystals (some crystals dissolve in water, so please check), setting new intentions (create your own spray).





Manifestation

Really connect into the energy of the new moon by reflecting on your manifestations that you would like to put energy towards to bring in to your life. This can be a focus for just the moon cycle, or a focus over a longer period. Manifesting can centre around any area of your life. Be really clear about what you would like to manifest and always be careful about what you wish for. Feel into how you want to feel when your manifestations will come to you, and focus on that feeling. Write down your manifestations and offer them to the moon.

New Intentions



The New Moon is a beautiful time to realign and start again with new beginnings. Is it time to set some boundaries for your self? Spend time on your self care? Adjust somethings that just feel a bit off? The new moon is the perfect time for this to happen.



Create a Sacred Altar

Revamp your altar, start afresh or just tweak few elements for he new cycle. Add new candles, elements from outside, new crystals that align with your intentions/manifestations, add some flowers or honour the wheel of the year.